## **OUT & ABOUT at THE SHORES \*JANUARY\***

## Hello All:

**Beach Club Activities:** Monday – Bingo, 5:00pm, Tuesday – Line Dancing, 3:30pm, Wednesday – Potluck & Entertainment, 5:30pm, Friday Night Bands, 7:00pm, Saturday/Sunday – Televised sporting events, 12:00pm. As we wrap up 2022 and head into 2023, I would like to thank our Beach Club staff, the Beach Club Sub-Committee and our very own "Mr. Entertainment" – Larry Delrose for putting together some awesome events in 2022. With the help of Myssie McCann and her team at Coronado Shores Co., we are putting together an even greater line-up for 2023. Watch for upcoming newsletters, flyers and check out our electronic billboard in the Beach Club for announcements of events.

**L&R Monthly Meeting** – There will be an L&R Organizational Meeting on Tuesday, January 3<sup>rd</sup> at 2:30pm via Zoom Only. The next General Session Meeting will be held on Thursday, January 19<sup>th</sup> starting at 2:30pm in-person at the Roeder and via Zoom.

**Pool No Heat Schedule** – The Roeder pool and jacuzzi will not be heated through January 15<sup>th</sup>. The pool deck and BBQs will remain open during that period unless repairs are required necessitating closure.

**Results Rehabilitation Workshop** – The Beach Club will be hosting a series of free workshops presented by Results Rehabilitation on managing aches and pains. The first workshop will take place at the Beach Club on Thursday, January 26<sup>th</sup> from 2:00 – 3:00pm and the topic is Sciatica and Lower Back Pain.

**State of the City Address** – The Community Alliance Group is hosting the State of the City Address by Coronado Mayor Richard Bailey on Thursday, February 9<sup>th</sup> at 5:00pm in the Beach Club. Have your questions answered following the address.

**And Finally** – On behalf of the L&R Committee and staff, I would like to wish you all a Happy Holiday Season and a Prosperous New Year.

Mark Merson
General Manager & Financial Controller



## JANUARY 2023

## **January Meetings**

<u>L&R ORGANIZATIONAL MEETING – ZOOM Mtg</u>
Tuesday, Jan 3<sup>rd</sup> at 2:30pm

BEACH CLUB SUB-COMMITTEE – UG
Tuesday, Jan 17th at 1:00pm

INSURANCE COMMITTEE - GM/ZOOM Mtg Tuesday, Jan 17th at 2:00pm

LANDSCAPE ADVISORY GROUP WALK/Mtg – BC Wednesday, Jan 18th at 9:00am/10:00am

FACILITIES ADVISORY GROUP - GM/Zoom Mtg Wednesday, Jan 18th at 1:00pm

RECREATION ADVISORY GROUP – UG Wednesday, Jan 18th at 2:00pm

COMMUNITY ALLIANCE GROUP – GM/Zoom Mtg Wednesday, Jan 18th at 3:00pm

L&R COMMITTEE – In-Person Roeder/Zoom Mtg General – Thursday, Jan 19<sup>th</sup> at 2:30pm Executive – Thursday, Jan 19<sup>th</sup> Following General Session

ENFORCEMENT COMMITTEE – Zoom Mtg Friday, Jan 27th at 2:00pm

CORONADO SHORES L&R OFFICE Mon thru Fri: 8am-5pm (Phone Only) ID Cards M-F: 9am-4pm 619/ 437-1260

Web Site: <a href="www.coronadoshores.org">www.coronadoshores.org</a>
Mark Merson, GM & Financial Controller <a href="controller@coronadoshores.org">controller@coronadoshores.org</a>

BEACH CLUB - 619/ 435-1711

Mick Cagney, Mgr

Daily Hours ~ 12pm – 8pm

HEALTH CLUB - 619/ 435-2533

Kathleen Kirk, Mgr

M – F 6am – 8pm
Sat/Sun 6am – 6pm

TENNIS COURTS #1 – 8
7:00am – 10:00pm (with lights)
Pickleball Court #6
8am – 6pm
Court Reservations
SIGN UP AT COURTS DAY OF PLAY

GATEHOUSE KIOSK - 619/ 435-3370
(24 HRS. A DAY/ 7 DAYS A WEEK)
\*LOST & FOUND\* \*RULES ENFORCEMENT\*
\*COMMON AREA PATROLS\*
DOORPERSON AUTHORIZES
ALL GUESTS/VISITORS

L&R / BEACH CLUB CALENDAR JANUARY 2023						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 SNF - NFL STEELERS @ RAVENS 5:20pm (info only)  Beach Club Closed Health Club 7a-12p	2 BINGO 5:00PM MNF - NFL BILLS @ BENGALS 5:30pm L&R Office Closed	3 *Organizational* L&R Mtg- 2:30pm-Zoom Only  Line Dancing 3:30 – 6pm	4 Larry Delrose Presents: "CANDY & CARLOS" 5:30pm	5	Friday Night With "BAYOU BROS" 7-9pm	7
8	9 BINGO 5:00PM	Line Dancing 3:30 – 6pm	Larry Delrose Presents: "DON & LORI" 5:30pm	12	Friday Night With "ITS NEVER 2L8" 7-9pm Sponsored by: Coronado Shores Co.	NFL WILD CARD ROUND
NFL WILD CARD ROUND	BINGO 5:00PM	17 Beach Club Mtg- 1:00pm/UG Insurance Coop Mtg- 2:00pm/GM/Zoom  Line Dancing 3:30 – 6pm	18 Landscape Mtg- 9:00/10:00am/BC Facilities-1:00Ppm/GM/Z Recreation Mtg- 2:00pm/UG Community Alliance- 3:00pm/GM/Z  Larry Delrose Presents: "MARIA CHRISTINA BAND" 5:30pm	19 L&R Committee Mtg-2:30p/Roeder & Zoom	Friday Night With "HOT PURSUIT" 7-9pm	NFL DIVISIONAL ROUND
NFL DIVISIONAL ROUND	BINGO 5:00PM	Line Dancing 3:30 – 6pm	Larry Delrose Presents: "LADON & BARBARA" 5:30pm	RESULTS REHAB WORKSHOP 2-3pm/BC	27 Enforcement Mtg- 2p/GM/Z  Friday Night With  "THE STAND UP  GUYS"  7-9pm	28
NFL CONFERENCE ROUND	BINGO 5:00PM	Line Dancing 3:30 – 6pm				
S 9am Water Aerobics – BC	M 8am Senior Fitness – R 9am Water Aerobics - BC	T 8:30am Yoga – R 9am Water Aerobics – BC 1pm Duplicate Bridge – R	W 8am Senior Fitness – R 9am Water Aerobics – BC	TH 8:30am Yoga – R 9am Water Aerobics – BC	F 8am Senior Fitness – R 9am Water Aerobics – BC	S 9am Water Aerobics - BC

BC = Beach Club

R = Roeder

UG = Underground

OS = offsite

Z = Zoom